



## WAVES OF WELLNESS

A journey from soulful cruise to riverside retreat

*Immerse yourself in a mindful journey where water heals and restores. From the open tides of Ha Long Bay to the gentle lappings of Hoi An's Thu Bon River, each setting invites balance and renewal.*

*Glide through the bay on a soulful luxury cruise or stay in a riverside private-pool villa, and discover the waves of wellness that guide you to a deeper calm.*

### JOURNEY HIGHLIGHTS

#### WORLD HERITAGE DESTINATIONS

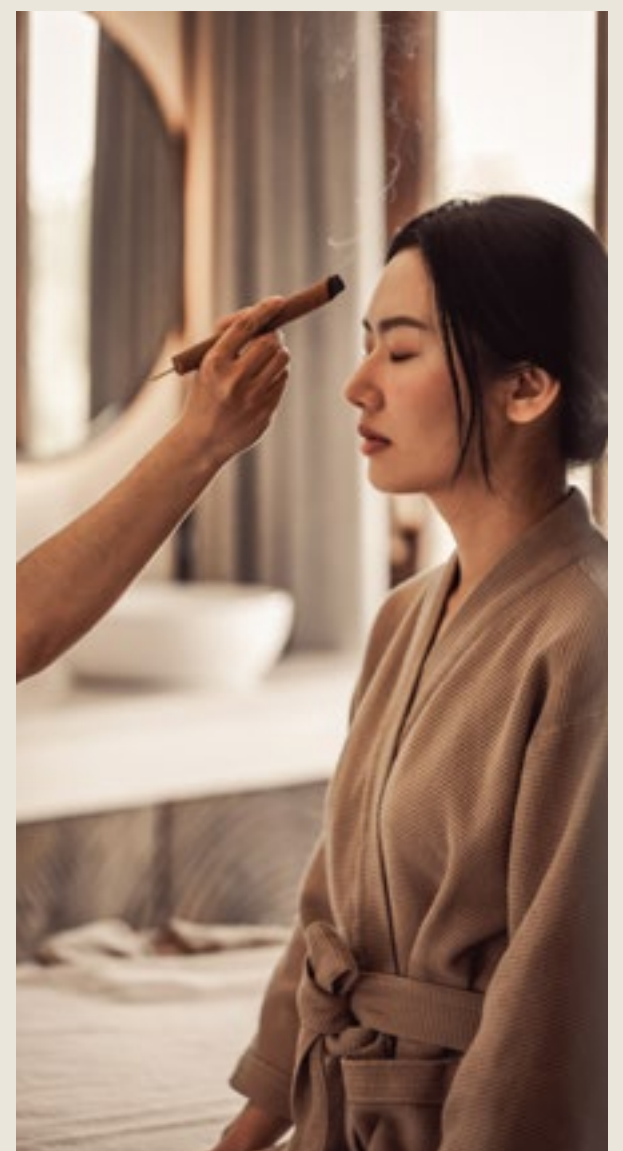
Travel between two World Heritage havens, from the lantern-lit Hoi An to the majestic Ha Long Bay.

#### INCLUSIVE WELLBEING RITUALS

Restore with daily wellness therapies, embraced by the calming presence of water.

#### MOVEMENT & STILLNESS PRACTICES

Awaken the body and center the mind with a flow of daily yoga, 'Duong Sinh', and meditation practices.





# HA LONG BAY | BHAYA SOUL CRUISE

## Find Stillness in Motion

Aboard the Bhaya Soul Cruise, each sunrise over limestone peaks and each quiet ripple across the Ha Long Bay becomes part of the journey. Thoughtfully designed for those seeking stillness in motion, Bhaya Soul Cruise invites you to slow down, breathe deeply, and rediscover your rhythm.



### CRUISE HIGHLIGHTS & INCLUSIONS

- 2-night stay in Symphony Suite (upper deck)
- Daily meals: curated lunch, dinner & breakfast
- Minibar with soft drinks, mineral water, and mixed juices
- Premium teas & coffees, featuring two exquisite varieties
- Four-season swimming pool, lounges
- Goodnight treats & farewell package
- Daily group shore excursions
- Entrance & sightseeing fees
- **Wellness inclusions:**
  - 40-minute herbal footcare ritual per stay
  - Daily wellness & mindful activities

### WAVES OF WELLNESS JOURNEY

Exclusive Offers\*

- ✓ F&B credit worth USD 100 for Bhaya Soul Cruise
- ✓ Complimentary private Ha Noi - Ha Long - Ha Noi transfers (worth USD 250)
- ✓ VIP welcome amenities upon arrival

(\*) Applies to minimum 2-night stay at each destination in the combo package.

### NOT INCLUDED

- Visa, airfare and any extension nights
- Other food, beverages, wellness treatments, and personal expenses
- All services not clearly mentioned in the inclusion list



# HOI AN TOWN | NAMIA RIVER RETREAT

Embrace Life By The River

Step into Namia River Retreat and discover stories of an ancient trading port's rich heritage, set in the lantern-lit Hoi An. On Thu Bon River, Namia River Retreat is thoughtfully crafted with genuine cultural journeys and Wellness Journeys inspired by Vietnamese herbology, inviting you to live gently and embrace life by the river.



## RESORT HIGHLIGHTS & INCLUSIONS

- 02-night stay at Nipa or River Pool Villa
- All-day breakfast & non-alcoholic mini-bar
- Morning guided bamboo bicycle trail
- Daily cultural experiences
- Hoi An hosts to guide your stay
- Shuttle boat to Hoi An Old Town
- Sunset river cruise with cocktails
- **Wellness inclusions:**
  - Inclusive Wellness Journey per person per night (herbal Hammam & traditional spa therapy for 90')
  - Daily wellness & mindful activities

### WAVES OF WELLNESS JOURNEY

Exclusive Offers\*

- ✓ F&B credit worth USD 100 for Namia River Retreat
- ✓ Complimentary Da Nang - Hoi An - Da Nang transfers (worth USD 120)
- ✓ 20% off pre- or post-stay extension nights on Direct Rate
- ✓ VIP welcome amenities upon arrival

*(\*) Applies to minimum 2-night stay at each destination in the combo package.*

## NOT INCLUDED

- Visa, airfare and any extension nights
- Other food, beverages, and personal expenses
- All services not clearly mentioned in the inclusion list



# WAVES OF WELLNESS

A 5-day 4-night Journey

## 2 NIGHTS ABOARD BHAYA SOUL CRUISE IN HA LONG BAY



## 2 NIGHTS AT NAMIA RIVER RETREAT IN HOI AN TOWN



Starting from: **USD 2,950 Nett**  
for solo traveler

**USD 3,650 Nett**  
for 2 guests traveling together

*Book and Stay Period: from now until 20 December 2026 (Blackout dates apply)*  
*Stay longer at Namia River Retreat: **enjoy 20% off** extension nights on Direct Rate*

### BOOKING DEPOSIT

- 50% payment upon reservation.
- 50% payment at 30 days before the arrival date.

### CANCELLATION:

- Free cancellation up to 30 days before the first arrival date.
- Cancel within 29-15 days before arrival date: 60% charge.
- Cancel within 14 days before arrival date, or no-show: 100% charge.





DAY 1: HA NOI TO HALONG BAY *(Includes lunch & dinner)*

- Hotel pick up in Ha Noi (own arrangement), transfer to Ha Long
- Board Bhaya Soul Cruise at 11:45 AM
- Enjoy a locally inspired 4-course lunch onboard
- Kayak in the secluded Ba Ham Lake
- Swim in the all-season pool, enjoy the stunning sunset in Ha Long Bay
- Delight in a 5-course fine-dining dinner
- Try your hand at squid fishing from the upper deck

DAY 2: HA LONG BAY EXPLORATION *(Includes breakfast, lunch, dinner)*

- Nourish with a delicious à la carte breakfast
- Explore the lush Viet Hai Village by bicycle
- Curated 4-course lunch onboard
- Relax with a 40’ herbal footcare ritual & wellness treatment
- Discover the Cua Van Floating Culture Centre by boat or kayak
- BBQ dinner combining à la carte & buffet
- Unwind with a sleep meditation under the stars

DAY 3: HA LONG BAY TO HOI AN *(Includes breakfast)*

- Morning walking meditation in Tien Ong Cave
- Nourish with a delicious à la carte breakfast
- Discover the rich Vietnamese coffee culture through a coffee-making session
- Check out, disembark at 10:30 AM with transfer back to Ha Noi or to Noi Bai Airport (air tickets to Da Nang are self-arranged by guests)
- HOI AN - Embrace Life By The River
- Pick up from Da Nang Airport, transfer to Namia River Retreat in Hoi An
- Check in to your private pool villa
- Unwind with a 90’ Wellness Journey (30’ Hammam & 60’ traditional treatment)
- Join a restorative Sleep yoga session



DAY 4: HOI AN IMMERSION *(Includes breakfast)*

- Join an early morning guided bamboo bicycle trail
- Nourish with a mindfully curated buffet breakfast
- Hop on a basket boat ride along the Nipa palms
- Unwind with a 90’ Wellness Journey (30’ Hammam & 60’ treatment)
- Join Yin yoga (stretch and breath session)
- Sunset cruise with cocktails on Thu Bon River
- Explore the lantern-lit Hoi An Old Town (self-arrangement)

DAY 5: FAREWELL TO HOI AN *(Includes breakfast)*

- Join morning dynamic Yang yoga
- Nourish with a mindfully curated buffet breakfast
- Check out from Namia River Retreat, transfer to Da Nang Airport (air tickets are not included in the package)
- If you wish to visit Hoi An first and then Ha Long Bay, your itinerary will be adjusted accordingly.

READY TO *EXPLORE?*

BOOK THE JOURNEY



Scan for more information

Book via Email: [book@namiariverretreat.com](mailto:book@namiariverretreat.com)  
Book via Phone: + 84 235 3969 888

HA LONG | BHAYA SOUL CRUISE

E-mail: [sales@bhayacruises.com](mailto:sales@bhayacruises.com)  
Tel: +84 933 44 6542  
Website: [www.bhayacruises.com](http://www.bhayacruises.com)

HOI AN | NAMIA RIVER RETREAT

E-mail: [book@namiariverretreat.com](mailto:book@namiariverretreat.com)  
[sales@namiariverretreat.com](mailto:sales@namiariverretreat.com)  
Tel: + 84 235 3969 888  
Website: [www.namiariverretreat.com](http://www.namiariverretreat.com)

